



Monday 30th March, 2020

**Human Rights Centre Uganda (HRCU) Measures Taken in Response to
COVID-19 Pandemic**

Dear Fellow Human Rights Defenders and Partners,

Greetings from The Human Rights Centre Uganda (HRCU)!

Following the ongoing situation of the COVID-19 Pandemic and outbreak in Uganda, we have also taken the necessary precautions as advised by World Health Organisation, Ministry of Health and the President's directives and guidelines.

We have postponed some activities that involve external meetings of more than ten people, conferences and activities in the communities. We shall continue to work on all other activities such as reporting, research, activity planning among others. Staff members shall work remotely from their homes in compliance with the #Stay-Home campaign and guidelines. This therefore means that there shall be limited or no physical interaction with the personnel.

We are mindful of the need to stay safe through the period of thirty two (32) days and until otherwise communicated by the responsible authorities; and also to do our duty to prevent the spread of the deadly virus.

We urge you to follow the guidelines and stay safe because they do not violate human rights and are aimed at protecting human rights as provided in Article 23 (d) of the Constitution which provides for the restriction of personal liberty for purposes of preventing the spread of an infectious or contagious disease.

- ❖ Please wash your hands frequently with soap and water or an alcohol-based solution.
- ❖ Cover your nose and mouth with a bent elbow or tissue when you sneeze or cough. Dispose of tissue immediately and wash your hands.
- ❖ Avoid touching your face, particularly your eyes, nose or mouth to prevent the virus from entering your body. Hands touch too many surfaces and can quickly pick up viruses.
- ❖ In terms of social interaction, take a step back. Stay at least four (4) metres distance from others.
- ❖ If you feel unwell, stay home. Please follow all instructions provided by your local health authorities. If you have a fever, cough and difficulty breathing, seek medical attention and call in advance.
- ❖ Stay at home and save lives

As human Rights Defenders you can continue to contribute to promoting human rights by facilitating access to correct information necessary during this pandemic in relation to the right to health. You can also document human rights violations and abuses that may arise and call upon the duty bearers to continue to respect and observe human rights standards and a human rights based approach during this pandemic.

In case you face any challenges, The Human Rights Centre Uganda communication channels remain open and you can contact us within our mandate. For any matters relating to human rights and human rights defenders, you can call our Toll Free line **0800 333000** for response to emergency situations and support to HRDs.

You can also continue reaching the office through the following links:

Website:	www.hrcug.org
Email:	info@hrcug.org
Facebook:	https://web.facebook.com/hrcug/
Twitter:	https://twitter.com/HRCUG

Stay Safe, follow the guidelines.

Yours sincerely,



MARGARET SEKAGGYA

EXECUTIVE DIRECTOR, HRCU